

ORCHARD COURT CARE HOME JULY NEWSLETTER



We would like to welcome all new residents to our home. We hope you will be very happy with us....if there is anything we can do for you please do not hesitate to ask
WE ARE HERE TO HELP

Margaret Sayers-11th July
Michael Conley-12th July
Vera Spittlehouse-12th July
Margaret Bennett-31st July



Here we are another month on..... Nothing has really changed for us during the past week as we continue to follow all government guidelines relating to Covid-19. As previously stated as soon as any changes are made you will be our priority in notifying with immediate effect.

Staff continue to work above & beyond to ensure that you..... our family (residents) are happy & safe. Talking with some of you, you have ensured us that you have been through a lot worse especially those of you who experienced the war years. We have been reminiscing about rationing, times during blackout etc..... you often remind us to think ourselves lucky....

One thing our ladies miss is having their hair done weekly like they always have, staff are doing their best to make sure that their hair is coiffed ☺. If you would like your hair & nails done at any time please let staff know they will be more than happy to do it for you.

We are pleased the daily temperatures have dropped however we didn't expect them to drop so dramatically. As soon as Phoebe (sunshine) comes out we will be out making the most of our new outside space (gazebos).

We are still enjoying a wide range of activities. Planners go out every Monday for the week. Sometimes things do not always go to plan & things get changed at the last minute. We try to encourage as many you to join in as possible. A lot of things (precious moments) go on behind the scenes that cannot be shared on social media..... We have lots planned for July with different national days to celebrate.... As July is national picnic month we are the hoping the weather will be kind to us so that we can get outside & enjoy a lovely picnic or two. Not only do we do group activities we also do one to one wellbeing visits for those not wishing to join in groups. We ensure that everyone has some form of interaction which is very important.....all members of staff engage in this. Living in a care environment does not have to be boring especially not at Orchard Court.....



LOOKING BACK ON
June



PAM AYRES

OH, I WISH I'D LOOKED AFTER MY TEETH

by
Pam Ayres

Oh, I wish I'd looked after me teeth,
And spotted the perils beneath,
All the toffees I chewed,
And the sweet sticky food,
Oh, I wish I'd looked after me teeth.

I wish I'd been that much more willin'
When I had more tooth there than fillin'
To pass up gobstoppers,
From respect to me choppers
And to buy something else with me shillin'.

When I think of the lollies I licked,
And the liquorice allsorts I picked,
Sherbet dabs, big and little,
All that hard peanut brittle,
My conscience gets horribly pricked.

My Mother, she told me no end,
"If you got a tooth, you got a friend"
I was young then, and careless,
My toothbrush was hairless,
I never had much time to spend.

Oh I showed them the toothpaste all right,
I flashed it about late at night,
But up-and-down brushin'
And pokin' and fussin'
Didn't seem worth the time... I could bite!

If I'd known I was paving the way,
To cavities, caps and decay,
The murder of fillin's
Injections and drillin's
I'd have thrown all me sherbet away.

So I lay in the old dentist's chair,
And I gaze up his nose in despair,
And his drill it do whine,
In these molars of mine,
"Two amalgum," he'll say, "for in there."

How I laughed at my Mother's false teeth,
As they foamed in the waters beneath,
But now comes the reckonin'
It's me they are beckonin'
Oh, I wish I'd looked after me teeth.



Think of a number

Multiply the number with 3

Now add 45

Double the result

Divide by 6

Take away the number
you started with

Your number is

15

brainfaqs.com



Sunflowers

C D O H R Q G S Q S D N S F L
S O E R G E K T U O O B O O F
T D M R N E W H C R D W U O S
N K B M E A T O T V O M T D D
A A S R O N M H L O P H H C A
L M C V A N A E D F C N A R E
P X M I J M S L N C F R M O H
W S L F E I A U X T M H E P R
B E H R F N A N N C A L R S E
H J I P D A K R O F P L I L W
M C N S R O U N D X L L C C O
A S U N F L O W E R S O A A L
Y L A T I Y N A C S U T W K F
S E L U G I L Y S E U G U E O
T J Y N R M P X P Q M N K C R

Q: Why do bees hum?



A: Because they
don't know the
words.

M

COMMON SUNFLOWER
FLOWER
FOOD CROPS
LIGULES
ORNAMENTAL
ROUND
SUN
TUSCANY ITALY

CREEKS
FLOWER HEADS
HELIANTHUS
NORTH AMERICA
PLANTS
SOUTH AMERICA
SUNFLOWERS
WOOD LANDS

