

Orchard court care Home January newsletter



Part of the
Jasmine
HEALTHCARE
Group

Hello residents, families & friends here is our first Newsletter of a new year.....

Manager Tracy would like to reflect on the last few years but especially 2022.

The last 3 years have been difficult due to Covid-19 especially during times of lockdown when visits with loved ones became restricted. Fortunately for Orchard Court we had no Covid cases throughout 2020/2021 in the height of the pandemic. This in itself speaks volumes...our team completed regularly testing & followed procedures/guidelines. We had no issues with shortages of PPE thanks to the Jasmine Hub. Thankfully due to receiving our vaccinations promptly we had no one needing hospitalisation when we did have an outbreak in 2022. Now after all this time we can finally take off our masks, it will be 3 years in March that we first put them on. However if we do have an outbreak of Covid we will ask team members & visitors to put them on once again.

2022 has been full of successes for Orchard Court, fun & laughter as well as heartbreak & sadness for those we lost.

Thanks go to Orchard team members who continue to go above & beyond every single day. Special thanks to those who provided care for our lovely residents over the festive period.

Going forward in to 2023 we will be planning lots of activities/events for families/friends to attend. If there's one thing we have learned over the years that is how to throw a party.

Thank you to you all for being understanding, patient & supportive during these times & always.

Happy New Year & here's to a great 2023.....



WOW!
WHAT A YEAR!

A Year of Successes.....

2022 has been a fantastic year of successes for Team Orchard.....

Our home goes from strength to strength thanks to our amazing team.

We have appeared on BBC Look North..when the news team visited our Rainbows End Pub.

We have had various write-ups in newspapers & online news.

We have received the Top 20 Care Home award through CareHome Reviews for the 5th year running. We have held our "Outstanding" CQC rating for the 4th Year running.

In December we received an outstanding report following our Social Services inspection....

We were chosen by Medimusic to trial their music therapy for those living with Dementia...

Just when we thought things couldn't get any better....they did.

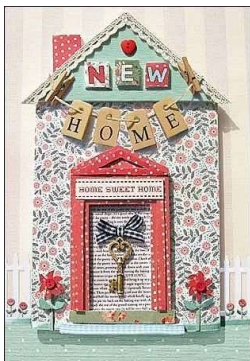
We won Care Home of the Year through the Yorkshire Prestige Awards....

Wow what a year.....





Andrew Sharp-7th January
Debbie Shannon-22nd January
Bernard Owen-25th January



We would like to welcome new residents to their new home. We hope you will be very happy with us.
If there is anything you need please do ask.
We are more than happy to help.



8th January-Elvis Presley's Birthday
12th January-Hot Tea Day
18th January -Winnie the Pooh Day
19th January-National Flower Day
20th January -Cheese Lovers Day
21st January – National Hugging Day
22nd January-Chinese New Year
23rd January- National Pie Day
25th January-Robert Burns Day
27th January-National Chocolate Day
28th January-Fun At Work Day

SIX TIPS TO COMBAT THE "WINTER BLUES"



Stay active!



Eat healthy!



Stay social



Use lights to mimic sunshine



Have fun!



Open up about your feelings

BIRTHSTONE



Garnet signifies eternal friendship and trust.

CAPRICORN

dec 22 - jan 19



Capricorns are independent, responsible, patient, ambitious, and loyal.



AQUARIUS

jan 20 - feb 18

Aquarius are independent, witty, humanitarian, clever and inventive.

IN HISTORY



On January 1, 1863, the Emancipation Proclamation was issued by Abraham Lincoln.

FUN FACT

January was named after the Roman god Janus. He had two faces which allowed him to look forwards into the coming year and backwards into the past year.

BIRTH FLOWER



The carnation is your lucky birth flower.

FAMOUS PEOPLE



Elvis Presley, Ellen DeGeneres, Katie Couric, Kate Middleton, Liam Hemsworth, Michelle Obama, Jim Carrey, and Bradley Cooper, were all born in January.

HOLIDAY



The biggest holidays this month are New Year's Day and Martin Luther King Day.

FUN FACT



January is National Soup Month.

INSPIRED BABY NAMES



January
Nova
Anastasia

Neo
Whittaker
Aspen



FUN FACT

The original Roman calendar only had 10 months. January and February were not included, but added later.



January

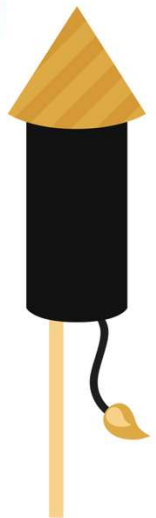
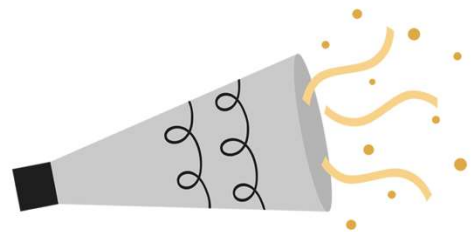
2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

LIFE DOESN'T HAVE TO STOP WHEN LIVING IN CARE.... IT'S A NEW CHAPTER TO LIVE



HAPPY NEW YEAR!



W	I	H	V	V	A	X	R	N	R	Z	G	O	A	L	S	A	Z	Y	F
G	R	B	K	G	Z	T	Y	Z	I	Z	Z	J	Q	C	O	M	P	X	B
M	D	M	B	T	B	K	T	P	X	N	S	L	T	K	C	X	X	W	T
M	I	Q	C	R	A	E	Y	W	E	N	O	Z	J	K	S	K	R	N	H
L	P	D	M	V	X	P	N	Z	J	L	O	V	Z	V	Y	D	Z	Q	G
G	P	E	X	A	X	K	O	Q	N	C	O	U	N	T	D	O	W	N	I
F	V	Z	N	D	S	S	M	B	P	C	Y	W	V	F	T	W	F	B	N
T	R	S	P	S	P	A	R	K	L	E	R	S	H	Q	T	O	J	A	D
P	J	O	L	B	Y	V	M	S	Y	L	N	N	N	R	C	A	F	L	I
Y	L	P	E	N	S	K	R	O	W	E	R	I	F	Z	N	Y	C	L	M
X	J	K	E	B	D	P	P	G	W	B	K	N	J	U	G	J	W	O	J
W	I	S	C	F	S	F	L	D	B	R	G	P	A	J	E	X	A	O	K
Q	S	C	A	O	W	D	J	R	M	A	W	R	T	J	H	Q	H	N	C
F	R	Q	K	J	N	W	P	A	R	T	Y	P	O	P	P	E	R	S	O
K	E	P	A	U	J	F	G	X	M	I	Z	X	R	T	S	X	K	Q	L
V	E	N	R	I	Y	E	E	B	G	O	Q	Y	I	U	P	H	K	Y	C
Y	H	I	S	I	R	E	O	T	J	N	O	I	T	U	L	O	S	E	R
Q	C	S	H	A	P	P	Y	G	T	B	O	U	V	C	D	L	R	Z	G
R	M	Q	G	Q	X	Y	B	N	O	I	S	E	M	A	K	E	R	G	F
N	A	E	N	K	V	K	T	Y	F	H	R	A	Y	R	Y	I	A	V	

Countdown
Confetti
Midnight
Balloons

Celebration
Fireworks
January
Happy



New Year
Clock
Cheers
Goals

Party Poppers
Noisemaker
Resolution
Sparklers

